

The BEWell Pod in collaboration with campus and community leaders aims to identify, plan and implement best practices for a healthy built environment.

BEWell's objectives include raising awareness about the impacts of the built environment on health, well-being and advocating for improvements. BEWell accomplishes this by focusing on safe and active transportation, integrating daily physical activity, reducing stress and promoting social engagement.



ACADEMIC PROGRAMS

- Courses that allow students to explore topics around the built environment, sustainability, environmental wellness and climate change
- Partnerships with campus departments and off-campus entities to improve education and awareness



Caption for this image....

EXPERIENTIAL LEARNING & OPPORTUNITIES

- Prioritize access and mobility for people and create programs that encourage students and staff in using alternative modes of transportation
 - Earn-a-Bike Program: Trade in parking permits for a bike with >400 given away to date
 - Bruin Bike Share: 130 bikes across 18 hubs on campus
 - Bike safety and more than 3,000 bike rack spaces
 - Promotion of cycling through programs such as Bike-to-Work Week
 - Bike (re)Cycling Day: Giving away more than 100 abandoned bikes per year
- Facilitate the creation of healthy, inclusive and sustainable spaces
 - Coordination with campus departments to increase the number of lactation facilities
 - UCLA Park(ing) Day (temporary conversion of on-street parking spaces to a parklet)
 - Activation of campus outdoor space (enhance landscape & hardscape to sit, study, relax)
 - Affirmation messaging on Bruin Walk and on BruinBus

POLICY AND PROGRAMS

Specific programs and goals that are focused on the built environment, sustainability and environmental health:

- Added 3 miles of bike lanes to campus and reduced campus speed limits to 20 mph
- Upgraded pedestrian crosswalks campus-wide
- Improving UCLA's walking and bicycling environment
 - New goals: reduce employee drive-alone rate from 48% to 45% and achieve a 33% active transportation rate by 2025 and achieve Bicycle Friendly University Platinum status by 2023
- Developed policies to enable Mobility as a Service (MaaS) to be used safely on campus
 - Ride-hail pick-up locations
 - Pooled ride-hailing discounts
 - Bike/scooter Dismount Zone education and infrastructure improvements
- Advocating for the creation of safe resting/sleeping areas for students experiencing extreme commutes or homelessness

PUBLISHED RESEARCH & TRANSLATION TO PRACTICE

- Using the [COS Space Activation Project](#) as a guide to focus on projects this coming school year
- Partner with the [UCLA Center for Climate Science](#) to conduct research to better understand climate change impacts on the built environment

Come to a Pod meeting!

For more information and pod meeting times, please visit our website at:

<https://bewell.healthy.ucla.edu/>

POD CO-LEADERS



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